

September 2008

Welcome to Nightingale Clan!

We are excited that you will be joining our Clan, and our Community for this weekend. The focus of this clan is letting our musical selves come forth in our instrumental music, and exploring how being Pagan ties into our music and our sense of self. We will work as individuals and as a group on experimenting how we express ourselves, whether it be through one note, a simple melody, or a jam session. The clan is for beginners as well as experienced instrumentalists. We will not be focusing on performance or composition, but rather on experience and expression.

Some of what we will be playing/discussing this weekend is inspired by materials found in *Free Play* by Steven Nachmanovitch, and *Effortless Mastery* by Kenny Werner. If you have time to look at a few pages of these books before the gathering, you might be interested in doing so. HOWEVER, it is not at all necessary to do so, and you may prefer to look at them after the gathering (or not at all!).

Please read carefully the full letter from the Twilight Covening directors about the weekend and what to bring. Here are a few reminders or extras that you might want to bring for our clan work and for your own comfort.

Things to bring for the gathering:

- A harvest vegetable for the opening circle on Friday. Please bring just one vegetable (not a whole bag), and remove any labels or stickers that might be on it.
- Something to burn in the releasing fire on Friday evening. You might consider burning a copy of a piece of music that stumps you/frustrates you/you can't be creative with, or anything else that represents blocks to your creativity.
- Warm layered clothing, and bad-weather clothes (be prepared!)
- Blindfold or long scarf.

Things to bring for clan work/time:

- Fingerless gloves (if chilly fingers might impede your playing).
- Portable Instruments – we recommend not bringing highly delicate instruments, since EarthSpirit and Tamelin Productions can't be responsible for them. The weather may be cold and damp.
- Seats and/or cushions & blankets.
- Electric heater for clan space (we won't know until we're there if we will need it).
- A decoration for the Clan table.
- Anything else that you would like for yourself or to share.

Please try to arrive before 6:30 if possible so that we can have dinner together and get to know each other before the evening's activities begin. If you arrive after dinner, look for us at the Opening Circle – we will have our first official clan time together after the ritual and before the Releasing Fire. We are eager to see you in person and make some music together!

If you have time before you arrive at Twilight Covening, it would be helpful to know what instruments you might be bringing. You can email that info to us (emails below).

If you have any questions or concerns before the gathering, please feel free to contact us:

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