

Dear Otters,

Welcome to the Otter Clan! I'm looking forward to a time of exploring how our magic and lives intertwine and crafting tools -- both physical and magical -- to connect them ever more deeply.

First, the practical. Please read your Twilight Covening mailing, even if you know it by heart! Arrivals on Friday begin at 4 pm, with dinner at 6:30 pm and the opening circle at 9 pm. We will meet at 9:30 pm for our first clan session. If you will be unable to arrive by that time, please let me know!

Twilight Covening is an intense experience. As you plan, please be sure to pack the things you need to take care of yourself: any foods, supplements, or medications that will nurture your body; whatever you need to sleep well; and clothes that will keep you comfortable in warm, cold, or damp weather. For our clan work, please bring the following additional items:

- \*a glue stick
- \*a pair of scissors
- \*a notebook and pen

You may also want to bring:

- \*materials to cut up for collage (although I'll have a bunch!)
- \*a small personal item (which you can take home at the end of the gathering) to place on the altar in our clan space
- \*anything you need to sit comfortably on the floor and work with your hands in cold weather
- \*a bag to hold your finished rock oracle (probably less than 4 cups in total volume)



As we head into Twilight Covening, I'd also like to ask you to do the following experiment: try to stop what you're doing at least three times a day to take one slow, deep breath and let it out. You may find it easier to remember if you tag this on to something you ordinarily do -- walking through your front door, getting out of bed, or eating. I won't check to see whether you've done this, but it's a chance to get started on our clan work by noticing how you feel both about and during the practice, who you think you would become if you did it more often, and what you might be resisting in it.

Although otters are fierce predators and very territorial, they are probably best known for their playful antics. I look forward to working and playing with you!

Sarah  
sarah@twichell.net