



# **A Feast of Lights**

an EarthSpirit Community Event

presented by Tamelin Productions

**February 11–13, 2022**

**Welcome to *A Feast of Lights*** where we strive to ‘drive the cold winter away’. This is a time to gather to rekindle our fires, to find warmth in community when the cold is deepest. This winter, more than ever, we need the promise of that small flame in the darkness, and so we stir together a rich community filled with traditions, music and dancing, stories and strategy as we wait for warmth, beneath this frozen blanket of snow.

***We’re glad you’re joining in. Get settled in,  
and let’s celebrate the joy and gifts of winter together.***

**A Feast of Lights** begins with workshops on Friday afternoon, followed by an Opening Ritual at 5:30. After a break for dinner, there are more workshops and rituals as well as a Bardic Circle — “Songs, Stories and Poems: Coming together on a Wintry Night” — including some of the community’s beloved musicians and also opening up for everyone’s contributions. If you would like to share something there, please let us know [HERE](#).

Workshops and rituals are scheduled all day on both Saturday and Sunday with comfortable breaks for meals. Young people are welcome at most of the offered programs, but parents will want to discuss issues of “courtesy to teachers” in advance. Programs that are especially family friendly or child centered have been scheduled in the “Cedar” room. Children under 7 should be accompanied by an older person to any workshop they attend.

### **Navigating Zoom**

We will have one main room for A Feast of Lights with several breakout rooms for workshops, making art, and socializing. See the “map” below; you’ll be able to move between rooms on your own. We’ll have someone available to help with Zoom questions for most of the gathering.

Throughout the weekend, we will be posting additional details, updates, and information to our Event Information Document. Please keep an eye on this for the latest updates!

#### **The Zoom space will be open:**

Friday from 3:00-10:30 pm Eastern Time

Saturday from 8:30 am-11:30 pm

Sunday from 9:00 am-4:00 pm

It will close for meal breaks except for Saturday lunch.

#### **Zoom Map**

You will enter into the Zoom through an entryway where you can find Zoom support and answers to many of your gathering questions. From there you will be able to move to the breakout of your choice.

**Apple:** This breakout houses the ongoing Spider Studio Space, a space for artists and craftspeople (and those that appreciate their creations) to share time as we create together, show off what we are working on, and talk about the creative process. This is a community space that is meant to be welcoming to all through the weekend. Even if you don't consider yourself an artist feel free to come by and doodle as we weave threads of community connection and share inspiration!

**Ash / Birch / Cedar/ Dogwood:** These are the primary workshop breakout spaces. Check the workshop schedule and descriptions to know where to find a particular workshop.

**EarthSpirit Main Room:** This is the main room, where we will gather for Opening and Closing, as well as other all-community events. Aside from these times, the room is available for socializing.

**Gazebo Room (1, 2, 3, 4):** These are open hangout spaces that we invite you to use to meet up with others and connect!

**Tulip Poplar:** This is a space for teens (ages 13-18) to hang out and connect.

## The Stag Kings Masque - Into the Winter Forest

In wintertime, the forest is ruled by the beings of another world. Spirits and sprites, ruled by the Stag King, dance in the brilliant reflecting snow and hide in the shadows of long twilight and dark nights.

Saturday night, join the Stag King and his court for an evening of feasting, ritual, and revelry.

Wintry Forest costumes and masks are in order this evening!

The doors open at 7:30. A brief ritual will be followed by a great feast, hosted by the Stag King and his court, who will entertain and delight us through a shared midwinter meal. Be sure to bring your Brigid Braid for the ritual portion of the evening.

After the ritual and feast, we will enjoy an assortment of opportunities for socializing and merriment. Joyously dance into the magic of the winter in the DJ'd dance room, engage your mind and laugh heartily in the game room, explore your imagination and creativity in the art room, let your mind and heart be tickled at the poetry jam, or let loose and concoct delicious drinks (alcoholic and otherwise) at the bar. The night will be yours to explore!

Not long after the feast ends, costumed beings will be invited to convene in the dance room to begin a parade for all to see. Keep an eye on the chat where we will announce when it is time to begin!

## Special Programs

**Ritual Project:** During the course of our EarthSpirit online gatherings and rituals, we have created magical objects and talismans together, each with its own personal touch. This year at Feast of Lights, we will be making Brighid Braids throughout the weekend, during our community rituals. Associated with the Celtic winter festival of Imbolg, Brighid is known as a triple Goddess of Healing, Smithcraft and Poetry. An old tradition that belongs to Imbolg is to create a Brighid Belt or Braid where the three aspects are gathered together and braided into a personal magical talisman. The qualities associated with Healing, Smithcraft and Poetry pertain to all of us regardless of our connection to Brighid or Imbolg traditions, so we can each bring our own intentions to this ritual creation. This sacred braid can be worn on the body or draped over a doorway, a bedstead, a hearth or an altar, conferring blessings on us to warm the Darktime.

You will need three strands of rope, twine, yarn, ribbon, embroidery floss or something similar - between 18" and 36" - longer if you wish. (Just remember that braiding very long strands can be challenging!)

Each strand you choose will represent your relationship to Healing, Smithcraft and Poetry.

For the Healing strand, consider your relationship or need for healing, cleansing, purification, renewal, re-birth.

For the Smithcraft strand, consider your relationship or need for transformation, inner fire, strength, courage, protection.

For the Poetry strand, consider your relationship or your need for inspiration, wisdom, creativity, expression, spiritual connection.

You will also need some tape, and either safety pins or a sharpie to mark places on the strands.

If you like, you can braid in small charms, beads or other objects during the weekend, or you can tie some in after the braid is complete.

**Art Salon:** Please join us as members of our community display and talk about works of art that are inspired by our spiritual lives and practices. Artists will share how the process of creation relates to their personal exploration and contemplation as well as how they can be an active part of ritual and magical practice. Come, listen, and discuss as a part of what is always an inspiring event! Everyone

**Bardic Circle:** This evening session will intersperse songs from featured performers with everyone's contributions of songs, stories and poems on, or loosely connected with the theme Songs, Stories and Poems: Coming together on a Wintry Night". *Everyone*

**Winter Ritual:** Indulge in the Hyggelig magic of the Dark Time with our Winter Ritual. Together we will dip into the magic of quiet contemplation, explore within, and unfold some of the mysteries the cold has to share with us. Please come with a warm beverage, a comfy

sweater, a handful of evergreens, a beautiful, soft light source (a candle or a dim light you like), a stone, a piece of paper you can cut up, a pair of scissors, a piece of paper for writing and a writing utensil, and a glass of drinking water. (Fri 9:45 pm, Birch)

**Community Conversations:** This is a time for us to gather together to connect around topics of shared interest. These conversations will have facilitators, but they're meant to be opportunities for all of us to listen to and learn from each other, so they'll be very participatory and will follow the group's interest rather than a pre-set agenda. Please plan to choose one conversation and stay to participate. This year's topics are:

- Connecting with the Land Where You Live - Ritual Practice
- Food and Cooking as a Sacred Practice
- The Arts in Ritual: Dance, Music, and Poetry
- Creating Personal and Family Traditions

## **Presentations 2022**

### **The Art of Memory**

*Andrew B. Watt*

*Dogwood Sun 1:00 pm*

Before the Enlightenment, European education was dependent upon the Art of Memory — three interlocking methodologies for memorizing large quantities of information. Before printing when books were scarce, having a method for recalling information in a book (or from a teacher) that might be dozens or hundreds of miles away was an essential skill for all classes of people. We'll discuss these three methods, and start to engage in the practice using some historic pagan texts. 14+

### **Art Salon**

*EarthSpirit Community*

*Apple (Art) Sun 1:00 pm*

Please join us as members of our community display and talk about works of art that are inspired by our spiritual lives and practices. Artists will share how the process of creation relates to their personal exploration and contemplation as well as how they can be an active part of ritual and magical practice. Come, listen, and discuss as a part of what is always an inspiring event! *Everyone*

### **Bardic Circle**

*EarthSpirit Community*

*Ash Fri 8:30 pm*

This evening session will intersperse songs from featured performers with everyone's contributions of songs, stories and poems on, or loosely connected with the theme "Songs, Stories and Poems: Coming together on a Wintry Night". *Everyone*

### **Beautiful Magick: Creating Layered Spells with Exquisite Results**

*Christopher Croucher*

*Dogwood Fri 8:00 pm*

Sometimes simple magick is best. Sometimes a poetic and artistic composition of magick works wonders, bringing about nuanced results in beautifully unexpected ways! This workshop is an interactive discussion about the creation of layered and complex spells. We will be using this space as a cauldron of communal creation, opening the discussion to take into account the practices of all present. Though this workshop is open to all, some practical knowledge of spellcraft can be helpful. 14+

### **Campfire Stories: Tales of the Strange and Unusual**

*Deb (just call me Mothra) Banks*

*Cedar Fri 8:00 pm*

Does your spine need a tingle? We had so much fun last time, let's do it again! Go get your PJs on, grab some cocoa, and gather around your own campfire as we hear about some impossibly possible things that go bump in the night! Nothing too scary, nothing gross, just weird enough to make you go... whaaaaat? There will be read-aloud stories and time to tell our own stories! Please keep them 3-5 minutes long to we can hear lots of them. *Family*

### **A Circle of Sacred Song**

*Abigail Spinner McBride*

*Birch Sun 1:00 pm*

Together, we will create a safe and sacred space to explore our breath and sing from our hearts. When our jaws are soft and our minds are quiet, our voices can open to music we didn't know we could make, to heights and depths of harmony and dissonance we didn't know existed. Join us as we make sweet sounds, with songs that will resonate through the year. *Everyone*

### **Community Conversations**

*EarthSpirit Community*

*Ash Sat 9:30 am*

Community Conversations *Everyone*

### **Cultivating Intimacy**

*Asherah Allen*

*Birch Fri 8:00 pm*

In this work/playshop, Asherah will guide attendees into an ecstatic experience of authentic relating that nourishes the capacity and experience of intimacy with one another. Open to couples, relationship constellations of any type or variety, all gender expressions, and sexual orientations, and singles. In the age of pandemic and online relating it is important to learn and maintain skills of deep and meaningful, thoughtful, and spiritually centered connection. Come play in safety and joy! 18+

### **Depression, an Ancestral Gift**

*Terence P Ward*

*Birch Sat 2:30 pm*

The mental state typically called "depression" has been referenced in writings dating back at least 25 centuries; struggling with the condition is nothing new. There is no question that our ancestors were touched by depression, and emerging research hints at the evolutionary role that it plays in humanity. This workshop will be focused on the wisdom of our collective ancestors when it comes to understanding and engaging with depression. Participants will draw insights from guided meditation, correspondence with ancestral spirits, and personal experience of ancestor veneration into the presence of depression in their own family trees, as well as in their communities. Ideally, they will be able to identify an ancestor who is willing to serve as a mediator with the spirit of depression. Note: this workshop is not intended as a substitute for any appropriate medical care that may be needed. 14+

### **EarthSpirit Voices Podcast Live**

*Sam Arthen-Long*

*Ash Sun 10:00 am*

Sam Arthen-Long will host a live episode of the *EarthSpirit Voices Podcast*. As is customary on the podcast, each episode engages guests in conversation over a specific topic of interest. For this episode on Science and Spirituality, Owen White, Steve Trombulak, and Isobel Arthen-Long will discuss their successes and struggles in integrating spirit into their scientific careers. The episode will be recorded, edited, and released a week later for the podcast.

### **Feed Your Inner Demon - A Journey Dance**

*Caroline Meeks*

*Birch Sat 12:30 pm*

JourneyDance™ is a free-form movement modality. In this session we move through a wide range of music and emotions and on a guided meditation to meet and befriend your inner demon in a movement based adaptation of Feeding Your Demons, a Buddhist practice brought to the west by Buddhist nun Tsultrim Allione. Adaptable to your energy and ability and maybe done seated, so clear yourself a bit of floor space, and find your best Bluetooth speakers for this participatory event! 14+

### **Geomancy 101: The Shield Chart**

*Andrew B. Watt*

*Dogwood Sat 12:30 pm*

Geomancy, the art of divination using binary numbers, is a divination method that came into Europe by the 700s AD, and became widely popular. It was more widespread and less dependent on complex mathematical knowledge than astrology, and pre-dated printing. In this class we'll learn the basics of the sixteen figures (like single Tarot cards), and how to generate them to form a shield chart, the standard divination pattern, for answering basic questions with nuance and directness. 14+

## **Journeys Into the Invisible World**

*Andras Corban Arthen*

*Ash Sat 12:30*

Beyond the familiar patterns of everyday life, there is another dimension – an Invisible World – which interpenetrates ordinary reality, yet transcends the physical senses and the understanding of the rational mind. It is a dimension of experience beyond space/time, which has been described in the teachings of many different spiritual traditions: a realm of wonder, of visions, of spirit beings, and freedom, and ecstasy. It can bring us to a direct experience of the Mystery which underlies everything. By making sojourns into the Invisible World, we can undergo a progressive “soul change” which can deeply transform our being and our awareness. 14+

## **Kids Costume Fashion Show!**

*Katie LaFond*

*Cedar Sat 6:00pm*

Come join us for a fun, informal costume fashion show! Kids are invited to dress up, and we'll take turns in the spotlight showing off our costumes and telling everyone all about our masterpieces. We'll start 15 minutes before the scheduled time (at 5:45) so that when the other workshops end at 6:00, we'll be ready to show off our costumes! *Family*

## **Life in Viking Times: hunting, eating, celebrations, etc. among the Norse and Saami**

*Jane Sibley*

*Birch Fri 3:30 pm*

What was it like to live in Viking times? Raiding was a very small element; but trading, hunting and fishing, preparing meals, keeping warm, and preserving food were basics. How did they honor the alfar, nisser, and other supernatural beings; how did they deal with the draugr and gjengangere (walking dead)? There were extensive and long-term cultural contacts and exchanges with the Saami, as well, which we shall explore. *Everyone*

## **Magical Mask Making**

*Karina Fireheart*

*Cedar Sat 2:30 pm*

Make magical masks with merry marauders! Kids will kindle all kinds of kinship while crafting. Art is already armed with alchemy, so kids should come make magical masks with Karina Fireheart! Bring your favorite art supplies (paper plates, tape, glue, yarn, string, paint, markers, and if you're brave some glitter), your magical hearts, and your midwinter joy.

*Children*

## **Maiden, Other, Crone**

*Michelle Teixeira Brown, Lanna Lee Maheux*

*Birch Sat 4:30 pm*

We spend a lot of time working with Maiden, Mother, and Crone archetypes in our society. Consider what other feminine archetypes we can embody. Join us for storytelling, discussion, and guided meditation as we explore some feminine energies which may be less familiar. All genders welcome. 14+

### **Mari Lwyd: Family Tradition**

*Melissa Stratton-Pandina*

*Birch Sun 10:00 am*

Mari Lwyd is an enspirited horse skull that parades from home to home during Yule. Drinks and food are given to her attendants to ensure good luck and fertility in the coming year. Learn all about her and her kin. I will introduce you to several I work with and discuss how to make one on your own (vegan pattern included). We will connect with the Mari Lwyd's spirit through a guided meditation and a discussion of the trance work needed to bring the tradition home. *Everyone*

### **Movement and Magick**

*Christopher Croucher*

*Ash Sat 4:30 pm*

Sometimes it feels like every step toward coming together in person again is accompanied by a step back. Though we are not in complete isolation, we cannot yet be completely together, and so we are in a liminal space. But magick lives in liminal spaces. In this ritual workshop, we will move together in that liminal space, casting a circle, raising energy, and working a spell that will strengthen our bonds as a community and clear the path to be together again. All are welcome! *Everyone*

### **Nature Crafting: Making a Homemade Orange Bird Feeder**

*Cathy Haines*

*Cedar Fri 3:30 pm*

Using a few items found around the house, we will make a pleasant little bird feeder to hang outside. The workshop will provide guidance, and participants will have many options for how they construct their bird feeder. While we're crafting, we will talk all about nature. We will discuss why caring about and interacting with nature is good for everyone, and share ideas with one another. Recommended Materials: Orange or grapefruit; Twine, string, or yarn; Skewers, chopsticks, small sticks, dowels; Birdseed; Peanut or other nut butter Optional: suet, flour, cornmeal, oats, seeds, nuts (great for using up expired pantry items); hot pepper (use with caution) *Everyone*

### **Ocean Sunset Meditation**

*Steve Trombulak & Josselyne Price*

*Dogwood Sat 4:30 pm*

**Begins at 5:15 Eastern Time** Join us for a real-time short guided meditation and sunset in Rincón, Puerto Rico! In the midst of winter, this offering is a chance for us all to pause for a moment, meditate on our connection to Mother Earth, and allow the rhythm of the ocean waves to guide our breath. We will begin with a brief guided meditation and then allow the sound of the ocean and the beauty of the setting sun over the water to carry us from there. We will close gently after the sun passes below the western horizon. *Everyone*

### **Poetry Jam**

*Saturday, after the Masque*

Join us as we celebrate our written word artists. Each year we bring together our very gifted poets and writers to share their work. Whether you are an old hand or brand new, this is a

great place to try out your new material. If you would like to share something, please let us know [HERE](#).

### **Seed Saving and Plant Propagation**

*Natalie Johnsen*

*Cedar Sat 4:30 pm*

Plants want to grow; growing plants is easy. It's getting the plants you like to grow where you want them to that is the challenge. In this family friendly workshop/playshop we'll talk about propagating houseplants, flowers, and food plants, and learn how to find and save seeds on your own. If we have extra time we can touch on fungus including sourdough.

*Everyone*

### **The Serpent Path**

*Tracy Andryc*

*Dogwood Sat 2:30 pm*

Within our bodies lie seven major energy centers: the chakras. In many traditions, our body's vital energy is seen as moving along these centers. Kundalini which rests in the root chakra is often represented by a cobra unwinding and rising up connecting, cleansing, and opening our pathways as it comes into its full power. The labyrinth can be utilized to connect more consciously and open our chakra pathways. Learn how to use a seven-circuit labyrinth to energize and balance the chakras. *Everyone*

### **The Sky Tonight**

*Chris LaFond*

*Ash Fri 8:00 pm*

One thing that we can all do together, even while isolating, is watch the sky. No matter where we are in the Northern Hemisphere, we all look at (mostly) the same night sky. What does that sky look like this season, and in particular, tonight? What constellations are dancing across the heavens to tell their stories to us? These are the same ones that have guided us for thousands of years. This planetarium-like presentation includes sky maps and images of stars, constellations, and planets, as well as the stories that are hidden in the characters that watch over us this evening. This program is designed to get you comfortable enough to go outside immediately afterwards and recognize a little more than you did before. *Everyone*

### **The Spider's Studio**

**Martin Bridge & Kaye Kittredge**

*Apple Fri 3:30pm*

The Spider Studio is a space for artists and craftspeople (and those that appreciate their creations) to share time as we create together, show off what we are working on, and talk about the creative process. This is a community space that is meant to be welcoming to all through the weekend. Even if you don't consider yourself an artist feel free to come by and doodle as we weave threads of community connection and share inspiration!

### **Stitch and Witch**

*Katie LaFond*

*Cedar Sat 12:30 pm*

Bring knitting, crochet, embroidery, macrame, or any other crafty project you might be working on to our Stitch and Witch! We'll work on projects side by side and talk about ways that we add intention to the things we create. *Everyone*

### **Storying a Bright Future**

*BrightFlame*

*Dogwood Sun 10:00 am*

Join BrightFlame to vision our way to a just, regenerative future. Cognitive science shows we are wired for stories: it's how we make sense of and navigate the world; it's **how we change the world**. Stories shape our imagination and our ideas of the possible. In this experiential workshop we'll journey into that future to bring it back and make it real. We'll trance journey, make magic, and share and charge our visions as a spellworking for change. Hope you'll join us! *14+*

### **Stuffie Storytime**

*Kelley Braheney*

*Cedar Sun 10:00 am*

Stuffie Storytime: A time for our littles and their families to say hello, make connections, meet new friends, share our favorite stuffies, and listen to a story, or three! This will be geared towards 3-6 year olds. (Adults at heart welcome - but if attending without a child please stay on mute). *Family*

### **Summoning Light from Darkness: Seeking the Dream of the World-Soul**

*Orion Foxwood*

*Ash Fri 3:30 pm*

Be not bandied about by the waves of change or you will crash upon the rocks of doubt. We live in a time of rapid major change, uncertain agendas, erupting trauma, and major ecological disasters. Yet, we as magic workers know that what we see is not the limit of what can be. Now more than ever we must have clear visions, potent techniques, and ancestral support. Orion will teach core-clearing, power quickening, and alignment practices for magic with muscle for the heavy lifting before us. *Everyone*

### **Tarot Deck Comparison**

*Katie LaFond*

*Ash Sun 1:00 pm*

So often, we only see a card or two before we select our tarot decks. Over the years I've seen so many beautiful decks, and I'd love a chance for us all to see some decks that we might not be used to. If you have some (no worries if you don't), bring some tarot decks to this workshop; some you love, the ones you always seem to use, and ones you don't love, and we'll take turns in the spotlight so we can see a variety of decks and chat about them. *Everyone*

## **Winter Ritual**

*Katie & Chris LaFond*

*Birch Fri 9:45 pm*

Indulge in the Hyggelig magic of the Dark Time with our Winter Ritual. Together we will dip into the magic of quiet contemplation, explore within, and unfold some of the mysteries the cold has to share with us. Please come with a warm beverage, a comfy sweater, a handful of evergreens, a beautiful, soft light source (a candle or a dim light you like), a stone, a piece of paper you can cut up, a pair of scissors, a piece of paper for writing and a writing utensil, and a glass of drinking water to help us in embracing the subtle gifts of the season. *Everyone*

## **A Wisdom Sharing with Great Grandmother Mary Lyons**

*Great Grandmother Mary Lyons & Donovan Arthen*

*Ash Sat 2:30 pm*

Great Grandmother Mary Lyons will share stories and thoughts about her life, the teachings of her family, the Ojibwe Nation, and the role that tradition can play in creating a good way in your life. *Everyone*

## **Presenters 2022**

### **Abigail Spinner McBride**

... was just named Best Female Artist of the Year by the International Pagan Music Awards. She is the High Priestess of the Family of Fire, a musician, dancer, and massage therapist based in Las Vegas, Nevada. She is a highly skilled facilitator of fire-circle technology, and the co-author of *Universal Fire Circle Alchemy*. Find her work on Spotify by searching for Abbi Spinner McBride. <http://vegasvortex.com/pages/UniversalAlchemy> *A Circle of Sacred Song*

### **Andras Corban-Arthen**

... is the Spiritual Director of The EarthSpirit Community and the President of the European Congress of Ethnic Religions. *Journeys Into the Invisible World*

### **Andrew B. Watt**

... is an astrologer, artist, and consultant. An avid writer and poet, he enjoys working in traditional forms like the sonnet and ode to explore patterns of both time and nature. He's currently working on a series of songs set to traditional tunes based on the cycle of the seasons in his new hometown. He is a Toastmaster, a member of two druid orders, and loves working with cloth and wood. *The Art of Memory / Geomancy 101: The Shield Chart*

### **Asherah Allen**

... is a long time member of the EarthSpirit Community. She is a practitioner of Anamanta, as well as an Initiated Witch in Anderson Feri Witchcraft of the BlackHeart Lineage. As a Spiritual Counselor, Asherah is passionate about guiding people into deeper relationship with their connection to their spiritual nature and nature itself. As a tantric yogini Asherah loves to nourish people in their capacity and experience of spiritual/ecstatic intimacy.

[www.awakenedhearthealingarts.com](http://www.awakenedhearthealingarts.com) *Cultivating Intimacy*

### **BrightFlame**

... (she/they) writes, teaches, and makes magic for all forms of justice and a regenerative world. Part of the worldwide Reclaiming Tradition, and teaching in it since the 1990s, her recent focus is helping humans decenter into relationship with our Earth kin. This includes her growing body of solarpunk fiction and workshops about storying our future. She lives on unceded Lenape land with a forest, a human, a labyrinth, hawks, bees, turtles, and many other nonhumans. <http://brightflame.com> *Storying a Bright Future*

### **Caroline Meeks**

... is a certified JourneyDance™ instructor and has been practicing Shamanic Journeying since around the turn of the century. She has led JourneyDance at Arisia and online; in the before times she journeyed with the Eagle clan at Twilight Convening and the Cambridge Journey Circle. *Feed Your Inner Demon - A Journey Dance*

### **Cathy Haines**

... has completed her first year as a member of the EarthSpirit community with Feast of Lights 2022. She attended and presented at Rites of Spring 2021 and is a regular participant in Sunflower Evenings and the 60+ Affinity Group. She has Italian Catholic roots and has identified as a Pagan UU since early adulthood. Cathy loves nature and she loves crafting. She is an occupational therapist consultant at Cambridge Health Alliance where she runs support groups for siblings of hospitalized children and teens. She also runs nature-based stress reduction groups for a migraine study at the CHA Center for Mindfulness and Compassion. *Nature Crafting: Making a Homemade Orange Bird Feeder*

### **Chris LaFond**

... is a Master Astrologer of the Society of Astrologers, specializing in traditional delineation and prediction. He is available for classes, lectures, and readings. <<https://lafond.us>> Chris has led Earth-centered rituals and gatherings for many years and is a member of the Board of Directors of the EarthSpirit Community. He is also the Coordinator of Western MA Pagan Pride Day in September. He also performs on harp and guitar: jigs, reels, airs, ballads and folk songs that reconnect us both to Celtic heritage and to the Earth. The CD *Garden Concert* by his Celtic Harp Trio, is available from Chris or at <<https://celticharper.net>>. Chris is also a certified Death Midwife [wmdm.org](http://wmdm.org). *Winter Ritual / The Sky Tonight*

### **Christopher Croucher**

... is an artist, performer, dancer, healer, and witch who weaves his love of art in many forms and passion for dance into his spiritual and magickal practices to create embodied visceral ritual and spellwork. Christopher has been practicing for more than twenty years and through his solitary experiential practice, has developed ways to connect to the primal magick of the self and of the world that he loves to share and discuss with any who are drawn to do so. *Movement and Magick: / Beautiful Magick: Creating Layered Spells with Exquisite Results*

### **Deb (just call me Mothra) Banks**

... loves stories. Sure, books are awesomazing but for Deb, nothing beats sitting down and listening to stories being told out loud. Deb is a bunch of stuff - scientist, stage manager, social worker in training, gardener, appreciator of cats, musician, and jigsaw puzzle aficionado. Her favorite role by far is as mom. Best story experience? Reading the entire Harry Potter series out loud! *Campfire Stories: Tales of the Strange and Unusual*

### **Donovan Arthen**

... is a lifetime member of the EarthSpirit Community and has grown through the guidance and training that its teachers and elders have offered over the 34 years of his life. He is a practitioner of Anamanta and explores his spirituality through loosening his shape, embracing the experience of the moment and the mystery surrounding us. His deepest passions lie in building community and creating connections between individuals, fostering interdependence, and strengthening of the web. *A Wisdom Sharing with Great Grandmother Mary Lyons*

### **Great Grandmother Mary Lyons**

... is an Ojibwe elder, spiritual advisor, and UN Observer on Women from Apple Valley (a suburb of the Twin Cities), Minnesota. She is a recognized advocate for indigenous children who never misses an opportunity to defend her homelands, and all the waters, plants, and animals who live there. *A Wisdom Sharing with Great Grandmother Mary Lyons*

### **Jane Sibley, Ph.D**

... is a specialist in runes, Norse folklore/mythology and history. Her books include *The Way of the Wise: Traditional Norwegian Folk and Magic Medicine*, *The Divine Thunderbolt: Missile of the Gods*; *The Hammer of the Smith*, and *Norse Mythology: According to Uncle Einar*. She has presented at EarthSpirit events for decades. *Life in Viking Times: hunting, eating, celebrations, etc. among the Norse and Saami*

### **Karina Fireheart**

... finds great joy in sharing her love of music, dance, and nature with others. She has been dancing since she was three years old. She has performed professionally in musical theatre productions nationally and internationally. Karina has over 30 years of teaching experience to students ages three through adult. She is a Transformational Breath Work Facilitator, Movement Educator, Self Care Coach and Dual Certified Health and Life Coach, Compassionate Heart Warrior and Mother. *Magical Mask Making*

### **Katie LaFond**

... is a mom, musician, educator, fiber artist, homesteader, pagan animist, and currently serves on both the Committee for Western Massachusetts Pagan Pride Day and The EarthSpirit Community's Board of Directors. She has performed and led ritual across the United States and internationally, focusing on helping people of all ages and spiritual backgrounds to tend to transitions in their lives, and to connect deeply with the Earth and their webs of community. *Winter Ritual / Stitch and Witch / Kids Costume Fashion Show! / Tarot Deck Comparison*

### **Kaye Kittredge**

... is an artist, systems thinker, and member of Glainn Sidhr. Nature and its patterns inspire her life, both creatively and in her professional work in program management, organizational transformation and alignment in the information technology sector. Kaye loves to travel and for 30+ years has been honored to represent Earthspirit at home and abroad through ritual, teaching and performing with MotherTongue. She is a long-time member of the Rites of Spring core volunteers and a regular clanleader at Twilight Covening, most recently offering a variety of clans centered around the many ways we create as individuals and as a community. For many years she has been active in creating EarthSpirit's Boston-area programming, and tends a woodland sanctuary near her home at the swamp's edge. She is also a member of the Earthspirit Board of Directors. *The Spider's Studio*

### **Kelley Braheney**

... is a long time community member and our morning kitchen witch in the kitchen at Rites of Spring. She has offered Moth and Luna Moth clans for many years at Twilight Covening and her Practice is inspired by the Buddhist Bodhisatva tradition, The Universal Grandmothers, and The Spirit of Crow. *Stuffie Storytime*

### **Lanna Lee Maheux**

... is passionate about helping others realize and reclaim their own power using discussion and tools like visualizations & daily practices. Lanna uses pronouns she/her, is a witch, faery seer, geek, silly person, writer, singer, twit, and recovering Stand-Up Comic. A long-time member of the EarthSpirit Community, Lanna has presented at Rites of Spring, and has led the White Raven, Turkey Vulture, and Honey Badger Clans at Twilight Covening. Lanna Lee likes shiny things. *Maiden, Other, Crone*

### **Melissa Stratton- Pandina**

... is an artist (BFA from MassArt) whose work has been internationally published and sold. She delved into Shamanism after encountering a chronic illness. Since then, she has studied Irish spirituality, Huna, Reiki, Folkloric Magic, and Orion Foxwood's Faery Seership. She is a LMT, specializing in Lomi Lomi (Hawaiian Shamanic massage). Melissa co-founded AwenTree in 2006 before moving to the DC area. She is currently working on the Oracle of the Seer and is a judge on the Carta Awards. *Mari Lwyd: Family Tradition*

### **Michelle Teixeira Brown**

... is a musician and kitchen witch who has been practicing with EarthSpirit for 19 years. She has assisted with EarthSpirit East events, been a Twilight Covening assistant clan leader, and has studied paganism and witchcraft for decades. She believes that there is magic all around us, in everything from our voices to the trees to electricity. *Maiden, Other, Crone*

### **Natalie Johnsen**

... is a lifelong Earth-lover and practicing Pagan since 1993. Natalie practices radical hospitality and enjoys sneaking pagan flavored elements into her public activities. She is an avid dumpster diver and seed saver and is active in her local Buy Nothing and Food Not Bombs communities. Natalie serves on the EarthSpirit fundraising committee. She lives on Long Island where she cultivates as many edible plants and fungi as will fit on her postage stamp of a property. *Seed Saving and Plant Propagation*

### **Orion Foxwood**

... is a traditional witch, conjure-man, "eco-magical activist," and faery seer; as well as the author of *The Faery Teachings* (RJ Stewart Books), *The Tree of Enchantment*, *Mountain Conjure and Southern Rootwork* (Formerly, *The Candle and the Crossroads*), *The Flame in the Cauldron* (Weiser Books); founder of the House of Brigh Faery Seership Institute. He is also a co-founder of Conjure-Craft, and Witches in the Woods gatherings in CA. Lover of cats, rocks, plants, trees, faeries, creeks, ancestors, graveyards, earth, life!! *Summoning Light from Darkness: Seeking the Dream of the World-Soul*

### **Sam Arthen-Long**

Sam Arthen-Long is an animist, environmentalist, songwriter, musician, and producer and owner of the recording studio Singing Land Studio in Western Massachusetts. Over the past 10 years Sam has volunteered at many EarthSpirit gatherings. He's also hosted bardic circles at past A Feast of Lights and creates original songs that he performs solo or sometimes with Isobel Arthen-Long.

### **Steve Trombulak & Josselyne Price**

... currently split their time between Western MA and Western Puerto Rico. Steve is a woodworker, poet, and former professor of conservation biology. Josselyne studies and teaches Ghanaian music and related diasporic traditions, and coordinates SpiritFire Festival in July. Both Steve and Josselyne find great joy in the beauty of sunsets, be they over mountains or the ocean. *Ocean Sunset Meditation*

### **Terence P Ward**

... has been a practicing pagan since 1991, and has called himself Wiccan, pantheist, polytheist, animist, and gaiaped in that time. Terence is author of "Empty Cauldrons: Navigating Depression Through Magic and Ritual." *Depression, an Ancestral Gift*

### **Tracy Andryc**

... has been sharing her love of the labyrinth since her first walk on its path in 1998. She sees the labyrinth as a universal tool that can be used in a magical/spiritual context, regardless of your religious path. Tracy is a Veriditas Certified Labyrinth Facilitator, Reiki Master, and owner of One Path Labyrinth Ventures. For two decades, she has facilitated workshops and rituals on the labyrinth and other topics at venues throughout New England. *The Serpent Path*

**Program notes:** All program times are listed in US Eastern Time. All workshops are expected to run approximately 90 minutes to allow for a brief break between programs.

**Friday**

**Fri 3:30**

<i>The Spider's Studio</i>	Apple
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<i>Life in Viking Times: hunting, eating, celebrations, etc. among the Norse and Saami</i>	Birch
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<i>Nature Crafting: Making a Homemade Orange Bird Feeder</i>	Cedar
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<i>Summoning Light from Darkness: Seeking the Dream of the World-Soul</i>	Ash
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<b>Fri 5:30 Opening Ritual</b>	EarthSpirit Main
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**Dinner**

**Fri 8:00**

<i>Beautiful Magick: Creating Layered Spells with Exquisite Results</i>	Dogwood
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<i>Campfire Stories: Tales of the Strange and Unusual</i>	Cedar
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<i>Cultivating Intimacy</i>	Birch
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<i>The Sky Tonight</i>	Ash
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**Fri 8:30**

<i>Bardic Circle</i>	Ash
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**Fri 9:45**

<i>Winter Ritual</i>	Birch
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**Saturday**

<b>Sat 9:00 Morning Gathering</b>	EarthSpirit Main
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<b>Sat 9:30 Community Conversations</b>	EarthSpirit Main
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**Lunch**

**Sat 11:15 Social Rooms Open**

**Sat 12:30**

<i>Journeys Into the Invisible World</i>	Ash
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<i>Feed Your Inner Demon - A Journey Dance</i>	Birch
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<i>Geomancy 101: The Shield Chart</i>	Dogwood
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<i>Stitch and Witch</i>	Cedar
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<b>Sat 2:30</b>	
<i>Wisdom Sharing w/ Great Grandmother Mary Lyons</i>	<i>Ash</i>
<i>Depression, an Ancestral Gift</i>	<i>Birch</i>
<i>Magical Mask Making</i>	<i>Cedar</i>
<i>The Serpent Path</i>	<i>Dogwood</i>
<b>Sat 4:30</b>	
<i>Maiden, Other, Crone</i>	<i>Birch</i>
<i>Movement and Magick</i>	<i>Ash</i>
<i>Ocean Sunset Meditation</i>	<i>Dogwood</i>
<i>Seed Saving and Plant Propagation</i>	<i>Cedar</i>
<b>Sat 6:00-6:15pm</b>	
<i>Kids Costume Fashion Show!</i>	<i>Cedar</i>
<b>Sat 8:30 Stag King's Masque</b>	
<i>Spider Studio</i>	<i>Apple</i>
<i>Dance with DJ Dawn</i>	
<i>Cocktail/Mocktail Bar</i>	
<i>Game Room</i>	
<i>Poetry Jam</i>	
<b>Sunday</b>	
<b>Sun 9:30 Morning Gathering</b>	<i>EarthSpirit Main</i>
<b>Sun 10:00</b>	
<i>EarthSpirit Voices Podcast Live</i>	<i>Ash</i>
<i>Mari Lwyd: Family Tradition</i>	<i>Birch</i>
<i>Storying a Bright Future</i>	<i>Dogwood</i>
<i>Stuffie Storytime</i>	<i>Cedar</i>
<b>Lunch</b>	
<b>Sun 1:00</b>	
<i>A Circle of Sacred Song</i>	<i>Birch</i>
<i>Art Salon</i>	<i>Apple</i>
<i>Tarot Deck Comparison</i>	<i>Ash</i>
<i>The Art of Memory</i>	<i>Dogwood</i>
<b>Sun 3:00 Closing Ritual</b>	<i>EarthSpirit Main</i>
<b>Sun 4:00 Feast of Lights 2022 ends</b>	